

ALERE CURRICULUM FOR WOMEN

SESSION ONE OUTLINE

Activity 1: Introductions.....15 minutes.

- Getting to Know You (assessments/handouts)
- Introductions are made.

Activity 2: Overview of Alere.....15 minutes.

- Discussions of Alere Interests
- Desires of the Women

Activity 3: Confronting the Problem Areas/Statistics.....25 minutes.

- Progress of Women in Transformation
- Social Transformation & Future of Women

Activity 4: Strategizing for redirection.....25 minutes.

- Change is a Good Thing
- Defining Discipline & Focus
- Positive Reinforcement

Activity 5: Questions & Answers

- Forum Directed

Total time.....80 minutes.