

Jacob Alamina

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Summary

Currently, I work as a professional fitness coach, but I am seeking a career change. I'd like to get involved in the trades, specifically the HVAC/R industry. I am physically capable to take on the demands of a rigorous profession, while also eager to gain the knowledge needed to become a highly skilled technician. With proper training and guidance I will be a valuable asset to your team.

Experience

Crossfit 77 | Mooresville, NC

Professional Fitness Coach, Facilities Manager | 02/2019 - Present

- Designed individualized programs for clients and maintained a working relationship with 20 clients on average
- Managed the appearance and function of the facility
- Instructed group classes and personal training sessions
- Spearheaded the weightlifting program, DipDrive WLC
- Cultivated meaningful relationships within the community
- Covered classes and sessions for other coaches
- Attended various professional development meetings

Target | Mooresville, NC

Sales Floor Team Member | 07/2017 - 04/2019

- Solved on the spot problems for guests
- Offered product recommendations
- Maintained store operations and standards
- Contributed to a team atmosphere

South Iredell Soccer Association | Mooresville, NC

Soccer Referee | 04/2013 - 04/2016

- Officiated soccer matches
- Ensured the safety of all players
- Placated emotional players and spectators

Skills

Problem solving, Sales experience, Teamwork, Competitive, Customer service, Leadership, Trainable, Communication skills, Technological literacy, Reliable, Flexible, Organizational abilities

Education

Central Piedmont Community College | Charlotte, NC

Associate in Arts

- 1 year towards general education prerequisites completed

Lake Norman High School | Mooresville, NC

06/2017

Certificates

Adult Child and Baby First Aid/CPR/AED Certification, USA Weightlifting Level II Coach, Crossfit Level I Trainer, OPEX CCP Course Completed